

DON'T GET AROUND MUCH ANYMORE

Choreography: Jim and Adele Chico

16325 Oak Canyon Drive, Morgan Hill, CA. 95037 (408) 779-7446

CD: As Time Goes By – The Great American Song Book – Vol II, Track 3; By Rod Stewart.

NOTE: Available as a single track from several music download sources (e.g. iTunes)

FOOTWORK: OPPOSITE. Directions for man unless otherwise indicated.

ROUNDALAB PHASE: IV

RHYTHM: FOX TROT

SEQUENCE: INTRO A B A B END

INTRO (cp drw):

(1 - 4) 2 MEAS WT;; QK DIAMOND 4; DIP BK & REC;

In CP fcg DRW Wt 2 Meas;; Fwd L comm LF trn, Fwd & Sd R cont trn, Bk L, Bk R blnd to CP DLW; Bk L lowrg relx knee,-, Rec R risng straightn knee,-;

A (cp dlw):

(1 - 4) REVERSE WAVE;; IMPETUS SCP; FEATHER;

Fwd L comm LF trn (W Bk R hl trn),-, Fwd & Sd R (W Cls L) cont trn, Bk L to CP DRC; Bk R comm LF trn,-, Bk L cont trn, Bk R to CP RLOD; Bk L comm RF hl trn,-, Cls R (W Sd & Fwd L arnd M brsh R to L) cont trn, Fwd L to SCP DLC; Fwd R (W Fwd L comm LF trn),-, Fwd L (W cont trn Sd & Bk R), XRif (W XLib) to CBJO DLC;

(5 - 8) OP REVERSE TRN; BK 3 STEP; BK FEATHER 4; HESITATION CHG;

Fwd L comm LF trn,-, Fwd & Sd R cont trn, XLib (W XRif) to CBJO RLOD; Bk R Blndg CP,-, Bk L, Bk R; Bk L blndg to CBJO, Bk R, Bk L, Bk R; Bk L comm RF trn,-, Sd R cont trn, Drw L to R to CP DLC;

(9 -12) REVERSE TRN;; 3 STEP; NATURAL TURN 1/2;

Fwd L comm LF trn (W Bk R hl trn),-, Fwd & Sd R (W Cls L) cont trn, Bk L to CP RLOD; Bk R comm LF trn,-, Sd & Fwd L to CP WII, XRif (W XLib) to CBJO DLW; Fwd L,-, Blndg to CP Fwd R, Fwd L; Fwd R comm RF trn (W Bk L hl trn),-, Fwd & Sd L (W Cls R) cont trn, Bk R to CP RLOD;

(13-16) CLOSED IMPETUS; FEATHER FINISH; QK DIAMOND 4; DIP BK & REC;

Bk L comm RF hl trn,-, Cls R cont trn, Bk L cont trn to CP DLW; Bk R comm LF trn,-, Sd L cont trn, XRif (W XLib) to CBJO DLC; Fwd L comm LF trn, Fwd & Sd R cont trn, Bk L, Bk R blnd to CP DRC; Bk L lowrg relx knee,-, Rec R risng straightn knee,-;

B (cp drc):

(1 - 4) DIAMOND TRN 1/2 SCAR;; CRS HVR BJO; CRS HVR SCAR;

Fwd L trn LF,-, Sd R cont trn, XLib (W XRif) to CBJO fcg DRW; Bk R cont LF trn,-, Sd L cont trn, Cls R (W Cls L) to SCAR fcg DLW; XLif (W XRib),-, Fwd & Sd R risng blnd to CP, Rec L lowrg to CBJO DLC; XRif (W XLib),-, Fwd & Sd L risng blnd to CP, Rec R lowrg to SCAR DLW;

(5 - 8) CRS HVR SCP; OPEN NATURAL; DOUBLE OUTSIDE SWIVELS; WEAVE ENDG 4;

XLif (W XRib),-, Fwd & Sd R risng blnd to CP, Rec L lowrg to SCP LOD; Fwd R comm RF trn,-, Fwd & Sd L, Bk R to CBJO RLOD; Bk L (W Fwd R), Draw R ifo L (W Swvl RF) to SCP RLOD, Fwd R (W Fwd L), Draw L to R (W Swvl LF) to CBJO RLOD; Bk L, Bk R comm LF trn, Sd L cont trn blnd to SCP, Fwd R cont trn (W Xlib) to CBJO DLW;

(9 -12) HOVER TELMK; IN & OUT RUNS;; FEATHER;

Fwd L,-, Fwd & Sd R risng wth RF uppr bdy trn, Fwd L to SCP LOD; Fwd R comm RF trn,-, Fwd & Sd L (W Fwd R betw M's feet) cont trn, Bk R to CBJO RLOD; Bk L trn RF,-, Sd & Fwd R (W Sd & Fwd L arnd M) betw W's feet cont trn, Fwd L to SCP DLC; Fwd R (W Fwd L comm LF trn),-, Fwd L (W cont trn Sd & Bk R), XRif (W XLib) to CBJO DLC;

(13-16) DIAMOND TRN 1/2;; QK DIAM 4; DIP BK & REC;

Fwd L trn LF,-, Sd R cont trn, XLib (W XRif) to CBJO DRC; Bk R cont LF trn,-, Sd L cont trn, XRif (W XLib) to CBJO DRW; Repeat INTRO, Meas 3-4;;

END (cp dlw):

(1 - 5) FULL REVERSE WAVE CHKG;; QK DIAMOND 4; DIP BK & REC; SLOW FWD & R LUNGE;

Repeat Part A, Meas 1-2 chkg bkwrld motn;; Repeat INTRO, Meas 3-4;; Fwd L,-, Fwd & Sd R lowrg wth L sd stretch (W head well L),-;